



The Center for Surgical Weight Loss & Wellness

Alexander Onopchenko, MD
2500 English Creek Avenue
AtlantiCare Life Center Building, Suite 222
Egg Harbor Twp, NJ 08234
Phone 609-407-2332
Fax 609-407-2364

Dear Horizon Patient,

Horizon has changed its policy last month. **Effective immediately**, you will need to have **6 consecutive** months of medical management prior to surgery. Your primary care provider, our office or a dietician can see you for this. They must document that they reviewed diet, exercise and behavior modification with you at each visit.

Horizon has also stated that you do not have to lose weight but you must **at least maintain your initial weight**, if you gain weight your surgery will be denied.

If you have any questions, please do not hesitate to contact our office.

Thank you,
Dr Alexander Onopchenko & Staff