

News Release

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ARMC to hold April Safe Sitter® class

AtlantiCare Regional Medical Center (ARMC) and Sigma Theta Tau International Honor Society of Nursing, Theta Sigma Chapter, will hold a Safe Sitter® class Saturday, April 19 from 8:45 a.m. to 4 p.m. at ARMC's Mainland campus, Jim Leeds Road, Pomona, New Jersey.

Safe Sitter® is a medically accurate babysitting preparation program designed for boys and girls ages 11 to 13. This nationally recognized program teaches babysitters how to recognize a medical emergency and know the appropriate action to take; care for specific ages; prevent injuries; care for a choking child; and prevent or deal with problem behavior. Safe Sitter® students will gain hands-on practice in basic lifesaving techniques to prepare them to act in a crisis. They'll learn safety and security precautions, including what to do if a stranger comes to the door. They'll also gain an understanding of basic child development and how to provide age-appropriate entertainment.

To successfully complete the Safe Sitter® program, students must pass a rigorous practical and written test to show that they have mastered the key concepts and have the skills necessary to handle an emergency. A \$45 registration fee includes a manual and materials. The ARMC Safe Sitter® class is a service of the ARMC Education Department. For more information, or to register by April 11, please call the AtlantiCare Access Center at 1-888-569-1000.

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AtlantiCare is a regional healthcare organization based in Egg Harbor Township, New Jersey, whose more than 4,580 employees serve the healthcare needs of the community at more than 60 locations. It includes AtlantiCare Regional Medical Center (ARMC), the AtlantiCare Foundation, AtlantiCare Health Plans, AtlantiCare Behavioral Health and AtlantiCare Health Services.