



PRE-SURGICAL CHECKLIST

Before Your Surgery

To help you get ready for surgery, here are preoperative instructions and a helpful checklist you use to make sure you bring only the things you'll need to the hospital.

Preoperative Instructions

- ❑ Please do not eat or drink anything after midnight the night before your surgery
- ❑ If the surgical team has instructed you to stop taking certain medications prior to surgery, please do so.
- ❑ Take only the medications that you have been instructed to take the morning of surgery with a small sip of water
- ❑ You will be given an exact time to be at the hospital the day of your surgery by the secretary in pre-admission testing. Please be prompt so that your surgery will not be delayed. When you arrive, you will proceed to the Same Day Surgery Unit on the 1st floor.
- ❑ Your family will be escorted to the waiting area and given a beeper in order to contact them when your surgery is finished. The beeper will allow your family to visit the cafeteria, the chapel, the hospital gift shop or to walk the hospital grounds.

What to bring to the hospital

- ❑ Bring a list of medications you have been taking as well as natural or herbal medications
- ❑ Bring a list of all allergies and allergy medications you have been taking
- ❑ Robe (that opens in the front), underwear and bras for women
- ❑ Sneakers and low socks
- ❑ Toiletries, shampoo and denture supplies if applicable
- ❑ Glasses and case
- ❑ Hearing aid, case and extra battery

PLEASE DO NOT BRING CELL PHONES AND PLEASE LEAVE MONEY, JEWELRY AND VALUABLES AT HOME.