TRAUMA
What to expect at the Trauma Center

A DAY IN THE TRAUMA UNIT AT ATLANTICARE
When faced with a traumatic event, you may feel that your world is spinning out of control. You want to be sure that you understand what is happening with your loved one and that you are making the best decisions possible. The best way to empower yourself and regain control is to understand and become comfortable with the daily routines of life after trauma. To help ease some of your anxiety, we have included information in this section that will teach you what to expect while in the trauma unit as well as to provide you the valuable information you will need to successfully transition your loved one from a trauma patient to a trauma survivor through the Harrah’s Regional Trauma Center at AtlantiCare Regional Medical Center.

TRAUMA RESUSCITATION BAY (TRB)
The Trauma Resuscitation Bay has 4 bays and is located at the entrance of the ARMC City Campus Emergency Center. It is staffed with trauma surgeons, trauma nurse practitioners, 2 registered nurses, trauma tech, anesthesiologists, respiratory therapists, radiology technologists, and trauma patient care associates who are in the hospital 24-hours a day.
The Trauma Resuscitation Bay is the area in which emergency assessment and treatment begins. From this area, patients may be transported to radiology for CT scan, the operating room or an inpatient unit for admission. Assessment and stabilization must occur quickly and efficiently; therefore, bedside visiting in this area is usually not permitted. As soon as possible, a member of the trauma team will speak with you.

TRAUMA INTENSIVE CARE UNIT (TICU)
3 HARMONY (Harmony Pavilion)
The Trauma Intensive Care Unit is a 12-bed unit staffed with trauma surgeons, critical care associates, trauma nurse practitioners, trauma registered nurses, respiratory therapists, and trauma patient care associates, who are in the hospital 24-hours a day. This is an open area and multiple surgical procedures can be performed at the bedside. The access doors to the unit are secured at all times to maintain patient privacy and security.
When first visiting the Trauma Intensive Care Unit, you will instantly become aware of the large number of machines and tubes that are connected to a trauma patient. This is so the Trauma Team can quickly and efficiently identify the patient’s needs. This, and the flurry of activity you will face while our team of highly trained specialists provide our Trauma Patients with the highest quality of care may overwhelm you. This is a natural feeling.

Team Morning Rounds
Morning rounds begin approximately at 8:30 a.m. every day. During the rounds, the Trauma Team evaluates each patient in the ICU by examining the patient, checking progress and planning the day’s care routine.

Treatment
Once morning rounds are completed, the doctors and nurses begin implementing the designated treatment plan. Throughout the day, multiple physician consultants will facilitate the treatment plan which may also include physical therapy and occupational therapy. As part of the treatment plan, your loved one may be transported to other areas of the hospital for x-rays and other tests.

Trauma Family Rounds 12:00 noon
The Trauma Team asks that a spokesperson or designated family representatives be present during family rounds so that they are informed about their loved one’s condition and have an opportunity to ask questions. This also allows the family to communicate to other family members and friends the most current status information. This is one of the most valuable times for family members, doctors, and nurses to openly communicate about the trauma patient’s care.

Please Note:
Open visiting is welcome. To provide a restful environment for patients, only two visitors are allowed at the bedside at a time. We ask that you do not visit during change of shift (7am to 8am and 7pm and 8pm) for the confidentiality of your loved one. For the privacy of our patients, we ask that you not visit during rounds. Please understand that you may be asked by the RN to step out to the waiting room at times, so care can be provided to your loved one. We appreciate your cooperation.

In addition, calls can be made directly to the TICU at (609) 572-8404. Confidentiality is also a priority as we provide your care. Please understand that to protect your privacy, limited information will be given to your friends and family members.
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TRAUMA PROGRESSIVE CARE UNIT (PCU)
TRAUMA SURGICAL UNIT
4 HARMONY (Harmony Pavilion)

The Trauma Progressive Care Unit is a six-bed intermediate care unit. Patients with serious but less critical injuries can be admitted directly to the Trauma PCU or patients may be transferred from the Trauma ICU when their clinical condition has improved. The Trauma Surgical Unit is a 24-bed unit specialized in trauma care also located on 4 Harmony.

Both the Trauma PCU and the Trauma surgical unit are staffed with trauma surgeons, critical care associates, trauma nurse practitioners, trauma registered nurses, respiratory therapists, and trauma patient care associates. Both trauma physicians and nurse practitioners complete daily patient care rounds directing the plan of care, and are available to the patient’s identified spokesperson to answer questions and provide clinical updates upon request.

4 Harmony is an open nursing unit, necessitating structured visiting hours for patient privacy and to allow for care of our patients. Visiting hours may be delayed due to patient emergencies or procedures. Visitors will be provided a full hour with their loved one.

4 Harmony Visiting Hours
11:00 a.m. – 8:00 p.m.

Two visitors at a time, please! Children younger than 12 are not permitted; exceptions will be determined by clinical staff.

4 Harmony 609-572-8420

PEDiatric CARE UNIT
Stanley M. Grossman Pediatric Center
3 HERITAGE (Heritage Pavilion)

The Pediatric Unit is a 20 bed locked unit for our younger trauma patients. The trauma physicians and nurse practitioners complete daily patient care rounds directing the plan of care. There are also Pediatrician “hospitalists” from Nemours in-house 24 hours a day, seven days a week to assist with the care.

The AtlantiCare/Nemours Children’s Health Program is a partnership between AtlantiCare Regional Medical Center and Nemours (Alfred I. duPont Hospital for Children). The access doors to the unit are secured at all times to maintain patient privacy and security.

Pediatric Care Unit Visiting Hours
11:00 a.m. - 8:00 p.m.
Parents and caretakers permitted anytime.

Pediatrics 609-572-8522

It is possible that a trauma patient will be transferred to a different floor of the hospital to continue their care. If your loved one is being transferred, it is because the Trauma Team believes they are medically ready. A trauma patient will only be transferred to another patient care area where the staff is qualified and trained to care for a patient that has experienced the injuries associated with their trauma.

The Trauma Team will make every effort to contact you at the time your loved one is moved. If they are unable to do so, you will be notified of your loved one’s new care arrangement during your next visitation period.