Amit Borah, M.D.
Interventional Pulmonologist
AtlantiCare Regional Medical Center

“My goal each day is to make the best possible decisions for my patients, treating them exactly as I would my own mom or dad. At the end of every day, I know I did my best.”

Dr. Amit Borah is a medical pioneer – an interventional pulmonologist, one of the newest internal medicine subspecialties. Dr. Borah uses sophisticated technology to diagnose and treat problems in the lungs and airway. Less invasive than surgery, his procedures are often the first line of action against airway problems including tumors, fluid buildup, bleeding and any abnormality that causes discomfort or blocks the free movement of air.

Using a tiny camera and miniature tools, he examines problems up close and can help patients breathe easier and feel better. He works hand-in-hand with Vincent Lotano, M.D., AtlantiCare Medical Director of Thoracic Surgery. Dr. Borah says the team approach brings a big advantage. “The patient gets to see us both at the same time. We decide what’s best, all in one visit,” he says.

Dr. Borah is board certified in internal medicine, pulmonary medicine and critical care medicine. He is a member of the American Thoracic Society and the American Association of Bronchology and Interventional Pulmonology, among others.

A native of Philadelphia, he is a biology graduate of Elizabethtown College. He earned his M.D. at American University of the Caribbean. He is a master’s graduate of Drexel University College of Medicine. There, he also completed his internal medicine residency and a fellowship in pulmonary and critical care. His interventional pulmonology training began with a mentorship with Emil Abramian, M.D. at Drexel and continued with a fellowship at Cooper University Hospital, Camden.

“Medicine is all about improving quality of life. It’s a win when the patient experiences less shortness of breath, uses less oxygen or can walk farther,” he says.

Dr. Borah prides himself in staying accessible. “Having a doctor in your corner goes a long way towards peace of mind. I give every patient my cell number. It’s 2019, it shouldn’t be hard to stay in touch with your doctor,” he says.