AtlantiCare
A member of Geisinger
Disclosures

• Notice of Requirements for Successful Completion: For successful completion, participants are required to be in attendance in the full activity, complete and submit the program evaluation at the conclusion of the educational event.

• Presenter Conflicts Of Interest and Financial Relationships Disclosures: Speakers Bureau for Novo Nordisk and Janssen

• Disclosure of Relevant Financial Relationships and Mechanism to Identify and Resolve Conflicts of Interest: Undertaking review of the educational activity by a content reviewer to evaluate for potential bias, balance in presentation, evidence-based content or other indicators of integrity, and absence of bias, AND monitoring the educational activity to evaluate for commercial bias in the presentation.

• Non-Endorsement Of Products: Accredited status does not imply endorsement by AADE, ANCC, or ACPE of any commercial products displayed in conjunction with this educational activity.

• Off-Label Use: Participants will be notified by speakers to any product used for a purpose other than that for which it was approved by the Food and Drug Administration.
Objectives

• Discuss each team member’s role in the care of the patient.
• Identify how the interdisciplinary team collaborates in patient care
• Define each care team member’s relationship with the patient and their support of diabetes self-management.
Case Study - Bob

- 45 year old African American Male
- Employed as a Commercial Truck Driver
- Diagnosed with Type 2 diabetes 3 months ago
- He is on no prescription medications
- C/O sleep disturbances (wife C/O irritability)
- Denies formal diabetes education, but knows what to do
Case Study Cont.

Biometrics:
- Height: 70 in.
- Weight: 220.5 lb (100 kg)
- BMI: 31.6 kg/m²
- A1C 8.7%

Vital signs:
- Pulse: 65 bpm
- Respirations: 25/minute
- Blood pressure (BP): 158/92 mm Hg

Family history:
- Two brothers, both with T2DM, controlled with oral medications

Social history:
- Commercial Truck Driver
- Married; 3 children, ages 4, 6, & 10
- Smoker (½ pack a day x 10 years)
- Social alcohol use (beer on weekends)
- Denies illicit drug use

Current medications:
- Multivitamin daily
- Occasional over-the-counter (OTC) medicines for headache

Allergies:
- Gluten
Question 1

What is your priority for treating this patient?
A. Focus on BP
B. Focus on glucose
C. Focus on lipids
D. Focus on weight
E. All of the above
Question 2

How would you manage Bob’s blood sugar to avoid further weight gain?

• He is opposed to monitoring his blood glucose daily due to fear of pain;
• He admits to little to no physical activity;
• He admits to “eating on the go”, fast food
Question 3

What are the goals for managing Bob?

How often should he be seen for follow-up care?