

# Healthy Schools, Healthy Children

## PROFESSIONAL DEVELOPMENT WORKSHOP

# ENHANCE YOUR HPE PROGRAM

**FRIDAY MARCH 13, 2026**

**9:00AM-2:00PM**

*BREAKFAST  
BEGINS AT 8:30AM*

Brigantine Community School  
301 E. Evans Blvd.  
Brigantine, NJ 08203



*PROVIDED IN PARTNERSHIP BY*

**AtlantiCare**

**AND**



*An interactive workshop for K-12 health and physical education teachers!  
Learn hands-on activities that will have your students  
active, and mastering content.*

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PROGRAM SCHEDULE		
	Elementary – Gym A	Secondary – Gym B
Time		
9:00AM-10:00AM	<b>Title: In It to Win It!</b> <b>Mark Housel</b> NJAHPERD & SHAPE America Eastern District Physical Education Teacher of the Year	<b>Title: Adventure for ALL! No Props, No Problem</b> <b>Chip Candy</b> NJAHPERD & SHAPE America Eastern District Physical Education Teacher of the Year
10:10AM-11:10AM	<b>Title: Integrating Technology in Your Elementary Health Lessons</b> <b>Anna Potivin</b> NJAHPERD Adapted Physical Education Teacher of the Year	<b>Title: Teaching Mental Health in a Kinesthetic Classroom</b> <b>Wendy Routhaul</b> NJAHPERD Middle School Physical Education Teacher of the Year
LUNCH - 11:10AM - 11:50PM		
11:50AM-12:50PM	<b>Title: Where Movement Meets Health</b> <b>Mark Housel</b> NJAHPERD Elementary Physical Education Teacher of the Year	<b>Title: Adventure in the Round... "Circle Up"</b> <b>Chip Candy</b> NJAHPERD & SHAPE America Eastern District Physical Education Teacher of the Year
1:00PM-2:00PM	<b>Title: Play for All: Easy Ways to Adapt and Include</b> <b>Anna Potivin</b> NJAHPERD Adapted Physical Education Teacher of the Year	<b>Title: Establishing Your PE Classroom Environment with 5 Simple Rules</b> <b>Wendy Routhaul</b> NJAHPERD Middle School Physical Education Teacher of the Year



Register Here: <https://www.surveymonkey.com/r/hpewksp2026>  
 \$40 per person (Check/PO only)

[healthyschools@atlanticare.org](mailto:healthyschools@atlanticare.org)